



## How To Brush My Hair: 🙉 🔊

- For best results, it is recommended to use a wire brush.
- Divide my hair into small sections and gently brush them one at a time. Make sure to brush out the tangles starting from the bottom of my hair and then moving up.
- Mist my hair lightly with water from a spray bottle if you are having a hard time detangling it.
- 4) If I have wavy hair, be very gentle when brushing the ends, this will help preserve my curls.
- 5) For tight curls, finger style my hair.
  Separate a small section of my hair and work your fingers through it, twirling as you go.
- For braided styles, tightly braiding my hair while damp will help control frizzy ends.
- Avoid using styling products like gel or mousse, as this may damage my hair.
- Avoid using a blow dryer, hot rollers, curling or straightening iron on my hair.
- 9) Always keep my hair away from extreme heat.